# Kidney and Urologic Diseases Statistics for the United States

#### National Kidney and Urologic Diseases Information Clearinghouse



U.S. Department of Health and Human Services

NATIONAL INSTITUTES OF HEALTH



## **Kidney Problems**

## **Chronic Kidney Disease (CKD)**

**Prevalence** (2010): More than 10 percent of people, or more than 20 million, ages 20 years and older in the United States have CKD.<sup>1</sup>

#### **End-stage Renal Disease (ESRD)**

**Prevalence** (2008): 547,982 U.S. residents were under treatment as of the end of the calendar year.<sup>2</sup>

#### **Resulting from these primary diseases:**

Diabetes: 205,724 Hypertension: 133,537 Glomerulonephritis: 83,268 Cystic kidney: 26,094 Urologic disease: 13,065 All other: 86,294

**Point prevalent rate** (2008): For every 1 million U.S. residents, 1,752 were being treated for ESRD as of the end of the calendar year.<sup>2</sup>

**Incidence** (2008): 112,476 U.S. residents were new beneficiaries of treatment.<sup>2</sup>

#### **Resulting from these primary diseases:**

Diabetes: 49,482 Hypertension: 31,349 Glomerulonephritis: 7,482 Cystic kidney: 2,671 Urologic disease: 1,567 All other: 19,925 **Incidence rate** (2008): For every 1 million U.S. residents, 362.4 were new beneficiaries of treatment.<sup>2</sup>

Mortality (2008): Among U.S. residents with ESRD, there were 151.7 deaths per 1,000 patient years.<sup>2</sup> There were 88,620 deaths in all patients undergoing ESRD treatment.<sup>2</sup>

**Cost for the ESRD program** (2008): \$39.46 billion in public and private spending.<sup>2</sup>

## **Point prevalent ESRD treatment counts** (2008):

All dialysis treatments: 382,343 U.S. residents with ESRD received dialysis.<sup>2</sup> In-center hemodialysis: 350,617 Home hemodialysis: 3,826 Peritoneal dialysis: 26,546 CAPD:\* 9,649

CCPD:\*\* 16,868 Other PD:\*\*\* 29

\*CAPD = continuous ambulatory peritoneal dialysis
\*\*CCPD = continuous cycler-assisted peritoneal
dialysis

\*\*\*PD = peritoneal dialysis

**Uncertain dialysis:** 1,197

#### Number of kidney transplants performed:<sup>2</sup>

2008: 17,413 2007: 17,519 2006: 18,059 2005: 17,450 2000: 14,629 1995: 12,165 1990: 10,035 1985: 7,505 1980: 3,786

## Source of organ donations for kidney transplants performed (2008):<sup>2</sup> From deceased donor: 11,382 From living donor (total): 5,968 From living related donor: 3,045 From living distantly related donor: 463 From spouse/life partner: 757 From living unrelated donor: 1,281 Paired exchange: 240 Living-deceased exchange: 99 **Unknown relationship:** 63 Nondirected donation: 80 Number of people awaiting transplants

(February 11, 2011):3 **Kidney (only):** 87,820 **Kidney and pancreas: 2,249** 

## **Annual mortality rates for dialysis patients**

(number of deaths per 1,000 patient years at risk, unadjusted):<sup>2</sup>

**2008:** 204.9 **2007:** 211.8 **2006:** 220.0 **2005:** 223.9 **2000:** 232.9 **1995**: 229.7 **1990:** 227.5

#### **Dialysis survival** (probability of patients surviving, from day 91 of ESRD, unadjusted):2

1 year (2007–2008): 79.6 2 years (2006–2008): 66.0 **5 years** (2003–2008): 34.5 **10 years** (1998–2008): 10.5

## **Annual mortality rates for transplant**

patients (number of deaths per 1,000 patient years at risk, unadjusted):2

**2008:** 31.3 **2007:** 32.6 **2006:** 33.2 **2005:** 33.7 **2000:** 34.5 **1995**: 33.8 **1990:** 33.6

#### Patient survival following deceased-donor transplant (probability of recipients surviving, from day 1 of transplantation,

unadjusted):2

1 year (2007–2008): 95.5 **2 years** (2006–2008): 92.2 **5 years** (2003–2008): 81.4 **10 years** (1998–2008): 62.1

#### Patient survival following living-donor transplant (probability of recipients surviving, from day 1 of transplantation, unadjusted):2

**1 year** (2007–2008): 98.6 2 years (2006–2008): 97.1 **5 years** (2003–2008): 90.8 **10 years** (1998–2008): 76.6

#### Graft survival following deceased-donor transplant (probability of transplanted

kidney surviving, from day 1 of transplantation, unadjusted):<sup>2</sup> 1 year (2007–2008): 90.8

2 years (2006–2008): 85.2 **5 years** (2003–2008): 69.1 **10 years** (1998–2008): 44.6

## **Graft survival following living-donor**

transplant (probability of transplanted kidney surviving, from day 1 of transplantation, unadjusted):<sup>2</sup>

1 year (2007–2008): 96.4 2 years (2006–2008): 93.4 **5 years** (2003–2008): 81.0 **10 years** (1998–2008): 59.1

#### Hemolytic Uremic Syndrome, **Postdiarrheal**

Incidence<sup>4</sup>

**2009:** 242 cases **2008:** 330 cases **2007:** 292 cases **2006:** 288 cases **2005:** 221 cases

## **Urologic Problems**

## Interstitial Cystitis/Painful Bladder Syndrome

**Prevalence** (2009): An estimation of prevalence in the United States is about 300 per 100,000 women and 30 to 60 per 100,000 men.<sup>5</sup>

Prevalence (2004): Of 1,218 U.S. women in a study group, 154 (12.6 percent) had likely interstitial cystitis, based on results of the Pelvic Pain and Urgency/Frequency Patient Symptom Scale. In the same study group, only 13 (1.1 percent) were classified as having interstitial cystitis by the O'Leary-Sant IC Symptom Index and Problem Index. The authors of the published research article suggest that the true prevalence lies somewhere between these two extremes.<sup>6</sup>

(1988–1994): More than 1.3 million (1,218,631 women and 82,832 men) U.S. adults ages 20 or older self-reported having been diagnosed with interstitial cystitis.<sup>7</sup>

## **Urinary Stones**

Prevalence of kidney stones in children: In a study of U.S. children seen in the Pediatric Health Information System hospitals, the number of children diagnosed with urolithiasis increased from 125 in 1999 to 1,389 in 2008. Compared with total hospital patients, the proportion of patients with pediatric urolithiasis increased from 18.4 per 100,000 in 1999 to 57.0 per 100,000 in 2008.8

**Hospital Discharges:** The estimated number of hospital discharges among U.S. residents ages 15 or older with "calculus of kidney and ureters" as a primary diagnosis:

(**2007**): 135,000 hospital discharges<sup>9</sup> (**2005**): 184,000 hospital discharges<sup>10</sup> (**2000**): 177,000 hospital discharges<sup>11</sup>

Physician office and hospital outpatient visits combined: The estimated number of doctor visits and outpatient hospital visits with urolithiasis as a listed diagnosis:

(2000): 2 million visits with urolithiasis as the primary diagnosis<sup>12</sup>

(2000): 2.7 million visits with urolithiasis

listed as any diagnosis<sup>12</sup>

**Cost** (2000): \$2.07 billion expended for evaluation and treatment<sup>12</sup>

#### **Urinary Tract Infections (UTIs)**

**Prevalence (1994):** Percentages and counts of U.S. women and men who had a UTI in the past 12 months:

Women: 13.3 percent (12.8 million)<sup>13</sup>
Men: 2.3 percent (2 million)<sup>14</sup>

**Hospital discharges:** The estimated number of hospital discharges with UTI listed as a diagnosis:

(**2007**): 517,000 discharges<sup>9</sup> (**2005**): 481,000 discharges<sup>10</sup>

(**2000**): 367,246 discharges in adults 18 years of age or older (121,367 men;

245,879 women)12

Physician office and hospital outpatient visits combined: The estimated number of doctor visits and outpatient hospital visits in U.S. adults 18 years of age or older:

(**2000**): 8.27 million visits (1.41 million men; 6.86 million women) with UTI as the primary diagnosis<sup>12</sup>

(**2000**): 11.02 million visits (2.05 million men; 8.97 million women) with UTI listed as any diagnosis<sup>12</sup>

**Cost** (2000): \$3.5 billion (\$1 billion for men; \$2.5 billion for women) expended for evaluation and treatment<sup>12</sup>

#### **Urinary Incontinence (UI)**

**Prevalence** (2007): UI is estimated to affect 9 to 22 percent of U.S. adults. In women, the prevalence of ever having UI increased from 21 percent in 19- to 44-year-olds to 34 percent in 45- to 64-year-olds to 39 percent among elderly women. In men, prevalence of UI increased from 5 percent in 19- to 44-year-olds to 11 percent in 45- to 64-year-olds to 21 percent in elderly males.<sup>15</sup>

**Inpatient hospital stays:** The estimated number of hospital admissions among U.S. adults ages 18 or older with UI listed as a diagnosis:

(**2000**): 47,802 hospital stays (1,332 men; 46,470 women)<sup>12</sup>

Physician office and hospital outpatient visits combined: The estimated number of doctor visits and outpatient hospital visits by U.S. adults ages 18 or older with UI listed as a diagnosis:

(**2000**): 207,595 visits (men) with UI as the primary diagnosis<sup>12</sup>

(**2000**): 1.16 million visits (women) with

UI as the primary diagnosis<sup>12</sup>

(2000): 353,065 visits (men) with UI listed as any diagnosis<sup>12</sup>

(2000): 2.13 million visits (women) with UI listed as any diagnosis<sup>12</sup>

**Cost** (2000): \$463.1 million annually (\$10.3 million for men; \$452.8 million for women) expended for evaluation and treatment<sup>12</sup>

#### **Other Related Problems**

## Enlarged Prostate (Benign Prostatic Hyperplasia [BPH]) and Lower Urinary Tract Symptoms (LUTS)

**Prevalence** (2000): 6.5 million of the 27 million Caucasian men ages 50 to 79 in the United States were expected to meet the criteria for discussing treatment options for BPH.<sup>16</sup>

BPH/LUTS (American Urological Association Symptom Score of 7 or greater) prevalence estimates for different ages:

**40–49:** 24 percent **50–59:** 31 percent **60–69:** 36 percent **70+:** 44 percent<sup>16</sup>

**Doctor visits:** The estimated number of doctor visits by U.S. men ages 18 or older with BPH listed as a diagnosis:

(2000): 4.4 million visits with BPH listed as the primary diagnosis<sup>12</sup>

(2000): 7.8 million visits with BPH listed as any diagnosis<sup>12</sup>

**Cost** (2000): \$1.1 billion annually expended for evaluation and treatment<sup>12</sup>

#### **Erectile Dysfunction (ED)**

Prevalence (2007): ED prevalence in U.S. men ages 20 years and older based on data from the National Health and Nutrition Examination Survey is 18.4 percent, or 18 million men. The prevalence significantly increases with age, ranging from 5.1 percent in men 20 to 39 years of age to 70.2 percent in men 70 years of age and older.<sup>17</sup>

**Doctor visits:** The estimated number of doctor visits by U.S. men ages 18 or older with ED listed as a diagnosis:

(2000): 2.9 million visits with ED listed as a diagnosis<sup>12</sup>

**Cost** (2000): \$327 million annually expended for evaluation and treatment<sup>12</sup>

#### **Prostate Cancer**

Incidence (2010): The National Cancer Institute estimated that 217,730 U.S. men would be diagnosed with and 32,050 men would die of prostate cancer in 2010. The incidence rate of prostate cancer was 156.9 per 100,000 men per year from 2003 to 2007 and the death rate was 24.7 per 100,000 men per year. Based on rates from 2005 to 2007, one in 6 men will be diagnosed with prostate cancer during his lifetime.<sup>18</sup>

**Doctor visits:** The estimated number of doctor visits by U.S. men ages 18 or older with prostate cancer listed as a primary diagnosis:

(2000): 3.3 million visits with prostate cancer listed as a primary diagnosis<sup>12</sup>

**Cost** (2000): \$927 million annually expended for evaluation and treatment<sup>12</sup>

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